

# INQUIRY (INQ)

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**INQ 120 - Exploring Careers & Self-Discovery, 1 credits.**

This course helps you connect your values, strengths, and interests to potential career paths. You'll explore how your liberal arts education applies to the job market, understand key competencies employers seek, and learn strategies for building professional connections. Gain tools to navigate your lifelong career development journey and align your skills and passions with real-world opportunities.

**Frequency:** *Every Semester*