

# EXERCISE SCIENCE MINOR

---

## Minor Requirements

Requirements for a **minor in exercise science** are 22 credits:

<b>Code</b>	<b>Title</b>	<b>Hours</b>
EXS 245	Introduction to Exercise Science	2
EXS 350	Physiology of Exercise	4
EXS 365	Testing and Prescription in Exercise Science	4
EXS 370	Strength and Conditioning Programming & Management	2
EXS 371	Resistance Training Techniques	2
EXS 360	Health Promotion Programming and Evaluation	4
EXS 460	Exercise and Chronic Disease	4
<b>Total Hours</b>		<b>22</b>