

PHYSICAL EDUCATION MAJOR

Major Requirements

This major prepares students to be recommended by the Concordia College department of education for Minnesota licensure to teach physical education in grades K-12. To be eligible to complete this major, the student must be admitted to the Teacher Education Program.

The requirements for a **major in physical education** are 68 credits:

Code	Title	Hours
Physical Education Courses		
BIOL 101	General Biology ¹	4
HLTH 141	Personal and Social Health ¹	4
HLTH 143	First Aid and CPR: Emergency Response ¹	2
PED 200	Foundations in Physical Education	2
PED 230	Motor Development	2
PED 251	Adapted Physical Education	2
PED 255	Teaching Motor Skills	4
PED 301	Elementary Physical Education	2
PED 317	Teaching Assistant in Physical Education	1
PED 320	Curriculum and Assessment in Physical Education	4
FND 321	Nutrition ¹	4
PED 362	Fitness Assessment and Technology	2
EDUC 321	Methods of Teaching in PE (required methods of teaching course)	4
Successful completion of the Secondary/K-12 curriculum coursework		31
Total Hours		68

¹ Students double majoring in physical education and health education are allowed to double count BIOL 101 General Biology, HLTH 141 Personal and Social Health and HLTH 143 First Aid and CPR: Emergency Response, and FND 321 Nutrition.

Degree and Graduation Requirements

In addition to the program-specific requirements listed above, all students must complete the graduation requirements specified for their degree. See the Degree and Graduation Requirements (<https://catalog.concordiacollege.edu/undergraduate-academic-community/degree-graduation-requirements/>) section for more information.